



“ICAP” stands for “Individualized Career and Academic Plan”. It is a multi-year process that intentionally guides students and families in the exploration of career, academic and postsecondary opportunities. With the support of adults, students develop the awareness, knowledge, attitudes, and skills to create their own meaningful and powerful pathways to be career and college ready.

An ICAP helps you by:

- ✓ Helping ensure you are taking and getting classes you are interested in
- ✓ Building on future plans, while maintain flexibility
- ✓ Helping set goals after graduation and helps give you a direction of “what to do next”
- ✓ Helping increase awareness of your options and the tools you will need
- ✓ Helping explore career choices, college choices, and get paid more!
- ✓ Doesn’t lock you into “what do you want to be when you grow up?”
- ✓ Helping eliminate missing out on information, opportunities, choices, and so on
- ✓ Is completely individual to you and makes you an equal partner in your educational journey